Health Care Spending Account

Expense	Covered?	More Details
Abortion	V	
Acne products — Products specifically marketed for and used to treat acne	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Acupuncture – Treatment for a medical condition	V	
Advance payments — Nonrefundable advance payments to a private institution for lifetime care, treatment, and training of a physically or mentally impaired dependent after the death or disability of a legal guardian	?	You must provide a statement of medical necessity from a licensed health care professional documenting the disability or mental impairment.
Alcohol or drug addiction – Payments to a treatment center for alcohol or drug addiction, including meals and lodging	V	
Allergy prevention products – Products purchased or used to alleviate allergies, such as a pillow, mattress, or vacuum	?	You must provide a statement of medical necessity from a licensed health care professional documenting the diagnosed allergy and that the product will help alleviate the allergy symptoms.
Allergy testing and shots	V	
Ambulance service	V	
Arch support — Supportive foot products prescribed by a doctor to treat a medical condition.		
Artificial limbs		
Automobile modifications – Modifications include special hand controls and other equipment installed in an automobile for a person with a disability	?	You must provide a statement of medical necessity from a licensed health care professional documenting the disability.

Health Care Spending Account

Expense	Covered?	More Details
Birth control pills – Prescribed birth control pills pills	V	
Birth control products – Over-the-counter items such as gels and foams	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Birth control products – Over-the-counter items such as home pregnancy tests, condoms, and ovulation monitors	Ø	
Birth control products – Prescribed devices such as diaphragms, IUDs, and Norplant	V	
Blood donation – Costs associated with blood donation, including self-administered blood donations, storage fees, and processing fees	V	
Blood pressure monitors – Costs include electronic monitors and replacement blood pressure cuffs	V	
Body scans	V	
Braille books and magazines – Costs are limited to those that exceed regular printed editions	?	You must provide a receipt or advertisement with the price of the regular printed version of the book or magazine and a receipt of the Braille material.
Breast pumps — Pump prescribed by a doctor for a medical reason	V	
Chelation therapy – Therapy used to treat a medical condition, such as lead poisoning	V	
Childbirth classes – Classes necessary to reduce pain during labor and delivery (Lamaze, for example)	V	Expenses related to parenting techniques, infant CPR, and breast feeding aren't eligible.
Chiropractor — Treatment for a medical condition	V	

Health Care Spending Account

Expense	Covered?	More Details
Christian Science practitioner – Expenses paid to a practitioner for medical care	V	
Contact lenses – Including cases and enzyme cleaners		
Cosmetic services and products – Those necessary to improve a deformity related to a congenital abnormality or an injury resulting from an accident, trauma, or disfiguring disease (post-mastectomy reconstructive surgery, for example)	?	You must provide a statement of medical necessity from a licensed health care professional documenting the deformity, disfigurement, or injury. The services and products must promote the proper functioning of the body or prevent or treat an illness, injury, or disease.
Crutches	V	
Dental coinsurance – Amounts not covered by your or your spouse's dental plans	V	
Dental copayments	V	
Dental deductibles – Deductibles under your or your spouse's dental plans	V	
Dental expenses – Examples include fees for X rays, fillings, braces, extractions, crowns, and orthodontia	V	
Dental implants – Fees for insertion of artificial tooth, bone grafting, and follow-up care	V	
Dental reasonable/customary – Amounts not paid by a dental plan that exceed reasonable and customary limits	V	
Dentures – Costs include dental fees, cleaning products, and adhesives	V	
Diabetic supplies – Examples include insulin, needles, and testing strips	V	

Health Care Spending Account

0 Eligible X Ineligible

		Potentially Eligible
Expense	Covered?	More Details
Diapers (adult) Diapers necessary as a result of a medical condition		
Dietician services — Fees paid to a dietician when referred by a doctor for treatment of a medical condition	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the service prescribed, and the length of treatment. Services for general health purposes aren't eligible.
Disability construction costs – Examples include constructing entrance or exit ramps, adding handrails, or modifying stairways at a personal residence for disability of an employee or dependent	?	You must provide a statement of medical necessity from a licensed health care professional documenting the disability.
Disability equipment — Equipment installed in the home or car for use by a disabled employee or dependent	?	You must provide a statement of medical necessity from a licensed health care professional documenting the disability.
Ear wax removal materials – Kits and ear drops prescribed by a doctor for a medical condition	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Earplugs — Plugs prescribed by a doctor for a medical condition	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the product prescribed, and the length of treatment. Products for general health purposes aren't eligible.
Erectile dysfunction — Nonprescription medication, herbal remedies, and nutritional supplements	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Erectile dysfunction — Prescription medication to treat a medical condition		
Exercise equipment – Equipment prescribed by a doctor for the treatment of a medical condition	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, such as a cardiac condition. Products for general health purposes aren't eligible.
Eye examinations	V	
Eye surgery – Surgery to correct defective vision	V	

Health Care Spending Account

Expense	Covered?	More Details
Eyeglass tinting and coating		
Eyeglasses – Costs include prescription glasses and nonprescription reading glasses	Ø	
Flu shots		
Fluoride treatment – Costs include installation and monthly rental charges of a home fluoride water unit, when recommended by a dentist	V	Products for general health or cosmetic purposes (such as mouthwash or toothpaste) aren't eligible.
Food (prescribed) – Foods prescribed by a doctor to treat a medical condition. Examples are specialty baby formula and lactose-free foods. Costs are limited to those that exceed common versions of the product	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition. You must also provide a receipt or advertisement with the price of the commonly available version of the food and a receipt for the prescribed food.
Future payments – Down payments or payments for services that have not been rendered or products not received	?	Lump-sum payments for future orthodontia services are an eligible exception. Once the service is rendered, an itemized bill indicating the service date is required for the expenses to be eligible.
Hair regrowth treatment – Prescription and nonprescription medication used to improve a deformity related to a congenital abnormality or an injury resulting from an accident, trauma, or disfiguring disease	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Health care supplies – Examples include band aids, gauze, elastic wraps and bandages, braces, and supports	V	
Health club or YMCA dues — Individual membership and personal trainer fees when prescribed by a doctor to treat a specific medical condition	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the service or product prescribed, and the length of treatment. Family memberships must be itemized to represent the portion for the individual requiring the membership or personal trainer. Fees for annual contracts may be submitted after all service has been received.

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Health Care Spending Account

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EligibleIneligible

Potentially Eligible

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Expense	Covered?	More Details
Hearing aids	V	
Hearing coinsurance – Amounts not covered by your or your spouse's hearing plans	V	
Hearing copayments	V	
Hearing deductible – Deductibles under your or your spouse's hearing plans	V	
Hearing expenses — Costs include examinations and hearing aid batteries	V	
Hearing reasonable/customary – Amounts not paid by a hearing plan that exceed reasonable and customary limits	V	
Hearing-impaired phone tools — Telephone equipment that allows a hearing-impaired person to communicate over a regular telephone	V	
Hearing-impaired TV equipment — Equipment that displays the audio part of television programs as subtitles for a hearing-impaired person	V	
Herbal remedies — Remedies prescribed by a doctor for a medical condition	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Hospital care – Inpatient care, including the cost of a private room	Ø	Fees for personal convenience items, such as a television, telephone, and concierge services, aren't eligible.
Human guide – Cost of a human guide to assist a physically, mentally, visually, or hearing impaired person	?	You must provide a statement of medical necessity from a licensed health care professional documenting the disability.
Humidifiers – Cost of portable units prescribed by a doctor for treatment of a medical condition	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the service or product prescribed, and the length of treatment. Services and products for general health purposes aren't eligible.

Health Care Spending Account

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EligibleIneligible

Potentially Eligible

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Expense	Covered?	More Details
Hypnosis – Hypnosis prescribed by a doctor for medical reasons	V	
Immunizations	V	
Infertility — Treatments for infertility, including artificial insemination, in-vivo or in-vitro fertilization, embryo placement, egg and sperm storage, and ovulation monitors	V	
Laboratory and X ray fees	V	
Language training – Training for a child with dyslexia or other learning disabilities. Fees for regular schooling aren't eligible	V	
LASIK surgery	V	
Lead-based paint removal – Costs for residences with children who have or had lead poisoning	V	
Legal fees — Fees paid to authorize treatment for mental illness, excluding guardianship or estate management fees	V	
Lodging — Cost of lodging not provided in a hospital or similar institution while away from home if primarily for and essential to medical care (limited to \$50 per person per night)	?	The \$50 limit is only applicable to the patient and caregiver (\$100 max per night). You must provide a statement of medical necessity from a licensed health care professional documenting the medical condition.
Massage therapy — Therapy prescribed by a doctor to treat an injury or trauma	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the service or product prescribed, and the length of treatment. Services and products for general health purposes aren't eligible.
Mastectomy-related products – Examples include breast prosthesis and specialty bras	V	

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Health Care Spending Account



Covered?	More Details
V	3D and 4D ultrasounds aren't eligible.
?	You must provide a statement of medical necessity from a licensed health care professional documenting that the mattress is necessary to treat a medical condition, injury, or illness and isn't for general health purposes.
V	
?	You must provide a statement of medical necessity from a licensed health care professional documenting that the medical alert program is necessary to treat a medical condition, injury, or illness and isn't for general health purposes.
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	Covered? Image: Covered?

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Health Care Spending Account

Eligible
 Ineligible
 Potentially Eligible

Expanse	Covered?	More Details
Expense Medical services – Services provided by doctors, surgeons, specialists, or other medical practitioners		
Medical supplies – Over-the-counter items such as bandages, thermometers, and heating pads	V	
Mental health — Includes psychoanalysis or amounts paid to a psychiatrist, psychologist, hospital, clinic, or mental health facility for medical care	Ø	
Mentally handicapped home – Costs of keeping a mentally handicapped person in a special home, as recommended by a psychiatrist, to help the person adjust from life in a mental hospital to community living	?	You must provide a statement of medical necessity from a licensed health care professional documenting that the special home or facility is necessary to assist the person in adjusting from life in a mental hospital to community living.
Nursing or retirement home fee – Fees for medical services. Examples include fees for doctors, therapists, and other medical practitioners	Ø	
Nursing services – Wages and other amounts paid for nursing services to a patient at home or in a facility, such as a nursing home or rehabilitation center	V	Home health care and private duty nursing are eligible. Fees for personal and household services aren't eligible.
Nutritional supplements – Supplements prescribed by a doctor to treat a diagnosed medical condition	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Occupational therapy – Therapy received as medical treatment		
Organ donor — Surgical, hospital, laboratory, and transportation expenses for an organ donor, if you paid the donor's expenses	V	
Orthodontic fees – Orthodontic fees paid in a lump sum and in monthly installments	V	
Orthopedic shoes and inserts – Shoes and inserts prescribed by a doctor for a medical condition. Costs are limited to those that exceed the cost of regular	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition. You must also provide a receipt or advertisement with the price of the commonly available

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0 Eligible X Ineligible ? Potentially Eligible

Expense	Covered?	More Details
footwear		version of the product.
Over-the-counter medicine – Medications taken to relieve pain, colds, and medical conditions	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Oxygen or oxygen equipment – Costs for rental or purchased equipment to relieve breathing problems caused by a medical condition	Ø	
Pain relievers	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Personal-use items – Personal-use item used to prevent or ease a physical or mental defect or illness. Costs are limited to those that exceed common versions of the product	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition. You must also provide a receipt or advertisement with the price of the commonly available version of the product.
Physical examinations – Routine physical examinations and related charges	V	
Physical therapy – Therapy prescribed by a doctor as treatment for a medical condition	V	
Prenatal vitamins — Vitamins prescribed by a doctor for use during pregnancy	V	
Prescription drugs – Exceptions may apply to drugs prescribed for cosmetic or general health purposes	V	
Prosthetics	V	
Psychiatric care — Medical costs for psychiatric care	V	
Psychiatric expenses – Includes psychoanalysis or amounts paid to a psychologist for medical care	V	

Health Care Spending Account

Eligible
Ineligible
Potentially Eligible

Expense	Covered?	More Details
Reading glasses – Nonprescription reading glasses	V	
Sales taxes – Sales and service taxes on eligible medical care or products	V	
Saline solution – Including solutions for eyes, ears, and nose		
School payments for disabled – Expenses paid to an alternative school for a child with a severe learning disability if the main reason is using the school's resources to relieve the disability	?	You must provide a statement of medical necessity from a licensed health care professional documenting that the school is necessary to relieve the child's learning disability.
Service animals – Costs of obtaining and training a guide dog or other animal to provide assistance to a person with a disability	?	You must provide a statement of medical necessity from a licensed health care professional documenting the disability.
Shipping – Charges to ship an eligible medical product	?	The shipping charges must be related to an eligible product. You may be required to provide a statement of medical necessity from a licensed health care professional describing the medical condition, the product prescribed, and the length of treatment. Shipping related to products for general health purposes aren't eligible.
Speech therapy – Speech therapy costs when prescribed as treatment for a specific medical condition (such as autism, dyslexia, developmental delays, and rehabilitation)	V	
Sterilization – Costs of sterilization (vasectomy or tubal ligation) and reversal of sterilization operations	V	
Stop-smoking program – Over the counter products used to stop smoking	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Stop-smoking program – Prescription drugs and medical services to stop smoking	V	
Sunglasses – Non prescription sunglasses prescribed by an eye doctor for light sensitivity	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the product prescribed, and the length of treatment. Products for general health purposes

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Expense	Covered?	More Details
•		aren't eligible.
Support hose – Hose prescribed by a doctor for a medical condition	3	The hosiery must be primarily manufactured and marketed for the relief of a medical condition. However, hosiery primarily marketed for fashion isn't eligible. You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the product prescribed, and the length of treatment.
Taxes – Social Security and Medicare taxes paid for a nurse, attendant, or other person who provides medical care	V	
Transportation expenses – Costs to receive medical care, including airfare, parking, tolls, taxis, rental cars, buses, gas for your car, or mileage	?	You must provide a statement of medical necessity from a doctor documenting the medical condition for any expense over \$100 if no diagnosis has been submitted previously. Transportation expenses solely related to obtaining a prescription or purchasing over-the-counter items aren't eligible.
Tutoring — Tutoring fees, recommended by a doctor, for a child who has severe learning disabilities caused by a mental or physical impairment, including nervous system disorders	?	You must provide a statement of medical necessity from a licensed health care professional documenting the medical condition.
Umbilical cord storage – Costs to collect, freeze, and store umbilical cord blood only when a medical condition is present	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition. Fees for storing umbilical cords when no diagnosed medical condition is present are ineligible.
UVR treatments – Ultraviolet radiation treatments recommended by a doctor for a medical condition, such as chronic psoriasis	V	
Vaccinations – Amounts paid for vaccinations or immunizations against disease	V	
Varicose vein surgery – Expenses associated with the removal of varicose veins, when prescribed by a doctor for treatment of a medical condition	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the service or product prescribed, and the length of treatment. Services and products for general health or cosmetic purposes aren't eligible.

Health Care Spending Account

Eligible
Ineligible
Potentially Eligible

Expense	Covered?	More Details
Veneers – Fees for veneers, when covered by an insurance plan or recommended by a dentist as the only course of treatment	?	You must provide a statement from a dentist indicating that the veneers are not for cosmetic or general health purposes and are the only suitable course of treatment.
Vision coinsurance — Amounts not covered by your or your spouse's vision plans	V	
Vision copayments	V	
Vision deductibles — Deductibles under your or your spouse's vision plans	V	
Vision expense — Costs not covered by a vision plan	V	
Vision reasonable/customary – Amounts not paid by a vision plan that exceed reasonable and customary limits	V	
Vitamins – If prescribed by a doctor to treat a diagnosed medical condition; not eligible if simply taken for general health purposes	?	You must provide a prescription from a licensed health care professional. Products for general health purposes aren't eligible.
Walking aids – Examples include canes, walkers, and crutches		
Weight loss – Program prescribed by a doctor to treat a diagnosed medical condition	?	Examples include medical costs and program fees for support groups and non-medically supervised programs such as Weight Watchers, NutriSystem, and Medifast. Food is often a part of these programs, however, the fees associated with food aren't eligible. You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the service or product prescribed, and the length of treatment. Services or products for general health purposes aren't eligible.
Wheelchair	V	
Wigs — Wigs purchased with a doctor's recommendation for the mental health of a patient who has lost all of his or her hair from disease	?	You must provide a statement of medical necessity from a licensed health care professional describing the medical condition, the product prescribed, and the length of treatment. Products for general health purposes aren't eligible.

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